

Ticks in Parks

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Ticks are a part of nature, and there's no chemical treatment for the environment like how mosquitos are sprayed.

There are great ways that you can protect yourself from ticks. Columbus Public Health recommends using insect repellent such as DEET, picaridin or permethrin before going outside - be sure to follow label instructions. Also, wear long sleeves and pants when outdoors, especially in wooded or brush areas. Before you leave a park, check for ticks - help youth (the most at risk audience is children ages 4-12) and check your pets. Shower soon after outdoor activities.

If you've been bitten by a tick, remove it as soon as possible to reduce the risk of infection. If you'd like to report a tick and have it identified, submit it to Columbus Pubic Health through the [Tick Report Form](#).

Learn more about Columbus Public Health's program that inspects and treats for disease vectors from rats, mosquitoes and ticks.
